

When Less = More: Energy-Conservation Tips



Turn off the lights and use energy-saving light bulbs.

Turning off just one light bulb that would otherwise burn 8 hours a day can save almost \$20 per year.



Compact fluorescent (CFL) and light emitting-diode (LED) bulbs use 70-90% less energy and last longer than traditional incandescent bulbs.



Adjust your thermostat.

To reduce energy use, set it at 78 degrees or higher in the summer and 68 degrees or lower in the winter.



Use ceiling fans.

Run ceiling fans, but only while you're in the room. Fans allow you to raise the thermostat 4 degrees. In the winter, reverse your fan to force warm air near the ceiling down into the room.



Weatherize your home or office.

Weatherize your home or office. Use caulk and weather stripping to seal air leaks, and add insulation to save up to 20% on your energy bill.

Trade up to Energy Star appliances.

High-efficiency appliances cut energy consumption over standard models—by 12% for a dishwasher, 20% for a clothes dryer, and 25% for a clothes washer.



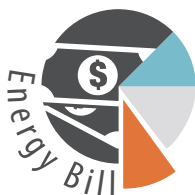
25%

Unplug electronics or turn off power strips.

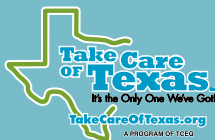
Standby power accounts for 5-10% of residential energy use, costing the average household up to \$100 per year.



\$100 per year



20%



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